



CASAS KISMET
Boutique Retreats



Retreat Packet
2022/2023 Season

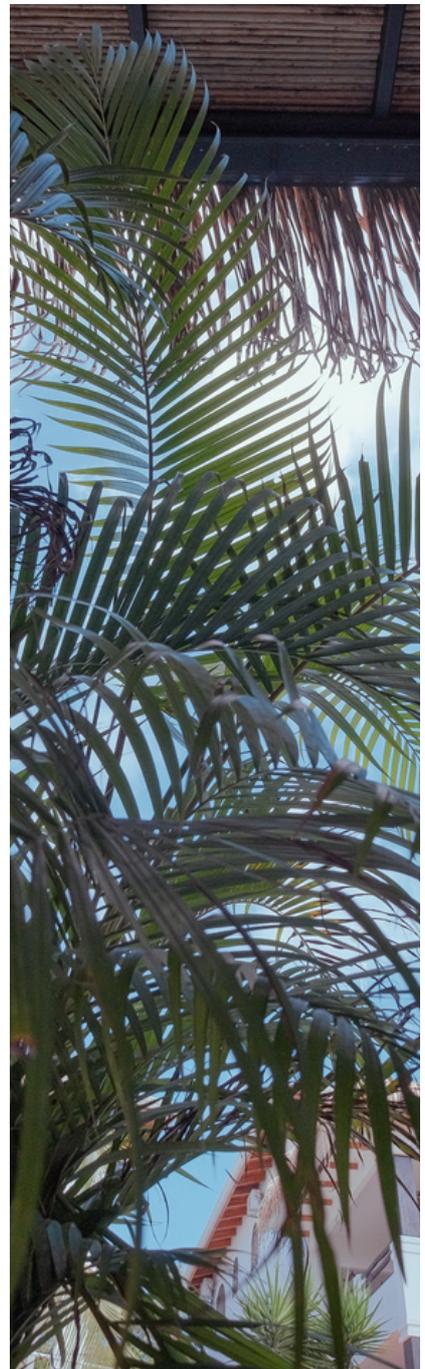
Casas Kismet Boutique Retreats
600 meters past Hotel Lagarta Lodge
Lot 76A
Nosara, Guanacaste, Costa Rica 50206

About Us

Casas Kismet strives to provide a safe and nurturing space to encourage our guests to heal, transform, and reach their deepest intentions through a variety of modalities.

The ideals of conservation and protecting the planet through thoughtful use of resources are our main goal, primarily the conscientious use of water. We strongly embrace the philosophy of reduce, reuse, and recycle. With that belief in mind, we encourage limited water usage through the reuse of towels and linens during your stay and promote a single-use plastic free environment.

We believe food not only nurtures the body but can also heal the body. Our experienced chef mostly serves a locally sourced cuisine of organic, plant-based, and pescatarian dishes.





The Space

Yoga Shala

Our Yoga Shala is 1000 square feet and open aired. It boasts incredible ocean views of Playa Pelada and provides a nice breeze along with ceiling fans. We have Yoga Mats, Blocks, Straps, and Meditation cushions for use. All equipment must stay on site.

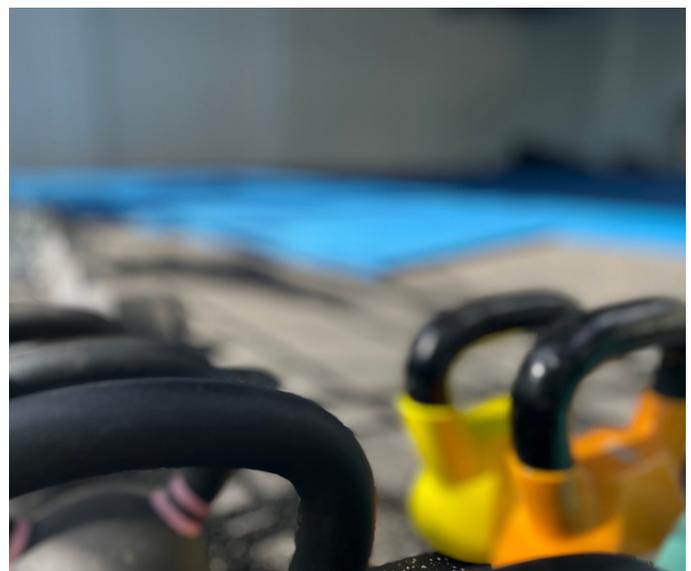
Pool

We have a large private kidney shaped pool with shallow and deep ends. Our pool is perfect for relaxing on a float or hanging out pool side in one of our lounge chairs.



Gym

The pool side gym is an open air 1600 square foot floor equipped with Fuji mats, kettle bells, dumbbells, and a variety of weight training and MMA equipment.



Accommodations

Our gated complex has the capability to sleep 24 people in separate beds or 28 with shared beds. We have private and shared room options along with stunning ocean and sunset views. Currently we have 9 bedrooms and 8 bathrooms and each room/unit is equipped with a kitchen, high speed internet, and air conditioning.



Karma Penthouse

3 bedroom/2 bathroom, community style living with full kitchen and large indoor/outdoor living space., central AC

Room 1: King bed that can be separated to 2 twin beds, private bathroom, ocean view

Room 2: Queen bed, shared bathroom (with room 3), ocean view

Room 3: Full bed, shared bathroom (with room 2), jungle view



Dharma Penthouse

2 bedroom/2 bathroom unit sits highest on the property with stunning ocean and sunset views. Community style living with full kitchen, indoor/outdoor living space.

Room 1: King bed that can be separated to 2 twin beds, private bathroom, ocean view

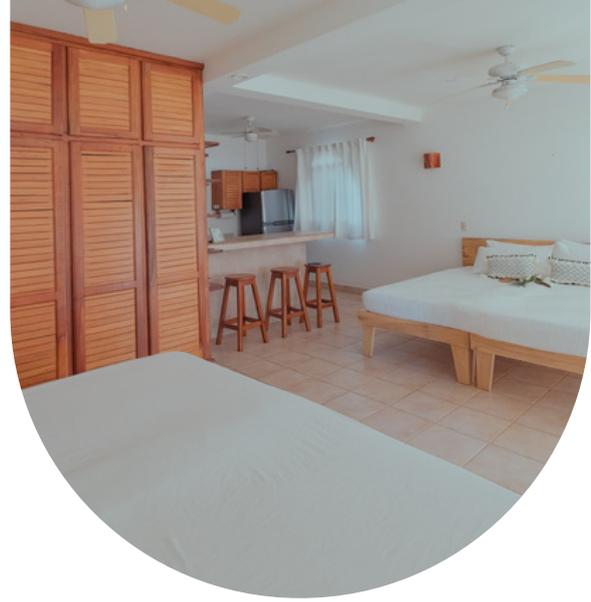
Room 2: King bed that can be separated to 2 twin beds, private bathroom, jungle/ mountain view



Karma Suite 1

Karma Suite 1 is a studio style unit that can sleep 2-4 people with AC, kitchen, full bathroom., outdoor patio with hammock swing chair and small couch.

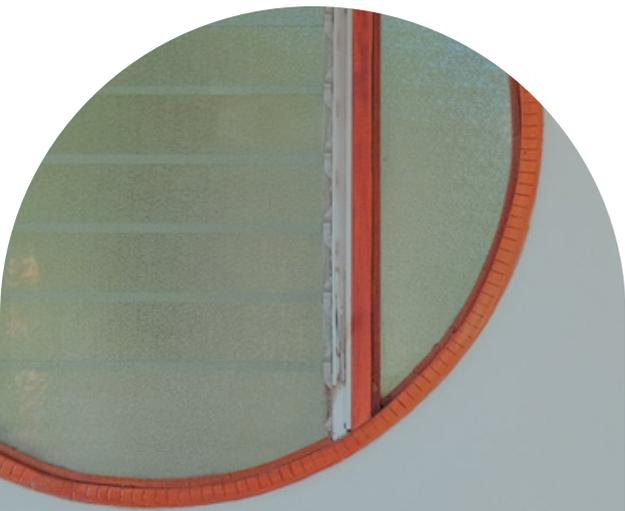
Room: Comprised of 2 King beds that can be separated to 4 twin beds, partial ocean view



Karma Suite 2

Karma Suite 2 is a studio style unit that can sleep 2-4 people with AC, kitchen, full bathroom, outdoor patio with hammock, 2 lounge chairs, and a couch.

Room: 2 King beds that can be separated to 4 twin beds, partial ocean view



Dharma Double Queen

Dharma Double Queen is a studio style room with AC, kitchenette, and full bathroom. Large patio with seating and pool view. Minimal ocean views during dry season. Sleeps 2 comfortable and 4 people with willingness to share beds.

Room: 2 Queen beds



Dharma Deluxe Suite

The Dharma Deluxe unit is a large studio style apartment over 1000 square feet. It is directed off the yoga shala with stunning ocean views. It has six single beds or can be configured to a triple room with 3 king beds. Equipped with 3 AC units, full kitchen, and bathroom.

Room: 6 single beds or 3 king beds



Excursions

Retreat leaders can choose from many excursions, which are a great avenue to explore the beauty and terrain of Nosara. All excursions are an additional cost and most are cash only. We must have 24 hours notice to book an excursion and is dependent upon availability.

All excursions are non refundable. If a guest books an excursion and does not show or wants to cancel at the last minute they or the retreat leader will be fully responsible for the cost.

We have a concierge service who will coordinate excursions for you and your group and can work around your retreat schedule.

During high season - November - April we suggest sending excursions 2 weeks in advance as some will sell out.

EXCURSIONS:

Miss Sky Zip-lining \$75 (3.5-4hrs)

Horseback Riding \$65pp (2hrs)

Birdwatching Hike \$65pp (3.5-4hrs)

Biological Nature Hike \$65pp (2.5-3hrs)

Waterfall Hike \$65pp (2.5-3hrs)

Snorkeling to San Juanillo \$75pp

Surf Instruction \$70pp for 90 minutes

SUP Surf Instruction \$130pp (2 hours)

Mangrove Kayak and SUP Tour \$65pp (SUP) \$75pp (Kayak) (2.5-3hrs)

Cultural Coffee Tour \$125pp (4-5hrs) By ATV or 4wd vehicle

Deep Sea Fishing \$750/half day (for 5 people +\$50 per person after 5)

**Most excursions are cash only and prices are subject to change

